



To be Comfy
in hot weather is to be happy

Nylotis Talcum

the summer comforter, comes in five dainty odors—Mayflower (flesh and white), Rose, Violet, Bouquet and Lilac—also one for baby.

25 Cents for a generous tin

H. H. WATKINS

Good will rules the new world as fear governed the old world. Through sharing food America helps make the whole world kin.

Food control made sufficiency from shortage, kept the rein on food prices, gave the nation's full strength exercise.

Starvation by Germany challenged all the world; food conservation in America answered the challenge.

Food conservation in America has been the triumph of individual devotion to the national cause.

Peach Springs Trading Post

Hualpai Indian Reservation

E. H. CARPENTER, Prop.

Staple Groceries, Lunch Goods
Soft Drinks, Fruit, Cigars
Tobacco, Red Crown Gasoline, Zeroline Oil

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Your time

History states that Napoleon lost the battle of Waterloo because his marshal came up behind time. Doubtless his watch was slow. Let us fix yours.

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We are prepared to haul, move or slide anything to any place at any time.

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THE LOCUST ROOMS

\$3.00 Per Week - 50c and 75c

Per Night

Cor. Beale & 3d Sts. Kingman

KEPT PLEDGE TO SEND BREAD

American Nation Maintained Allied Loaf Through Self-Denial at Home Table.

AVERTED EUROPEAN DESPAIR.

With Military Demands Upon Ocean Shipping Relieved, World is Able to Return to Normal White Wheat Bread.

Since the advent of the latest wheat crop the only limitation upon American exports to Europe has been the shortage of shipping. Between July 1 and October 10 we shipped 85,980,805 bushels. If this rate should continue until the end of the fiscal year we will have furnished the Allies with more than 237,500,000 bushels of wheat and flour in terms of wheat.

The result of increased production and conservation efforts in the United States has been that with the cessation of hostilities we are able to return to a normal wheat diet. Supplies that have accumulated in Australia, Argentina and other hitherto inaccessible markets may be tapped by ships released from transport service, and European demand for American wheat probably will not exceed our normal surplus. There is wheat enough available to have a white loaf at the common table.

But last year the tale was different. Only by the greatest possible saving and sacrifice were we able to keep a steady stream of wheat and flour moving across the sea. We found ourselves at the beginning of the harvest year with an unusually short crop. Even the most optimistic statisticians figured that we had a bare surplus of 20,000,000 bushels. And yet Europe was facing the probability of a bread famine—and in Europe bread is by far the most important article in the diet.

All of this surplus had left the country early in the fall. By the first of the year we had managed to ship a little more than 50,000,000 bushels by practicing the utmost economy at home—by wheatless days, wheatless meals, heavy substitution of other cereals and by sacrifice at almost every meal throughout the country.

In January the late Lord Rhonda, then British Food Controller, cabled that only if we sent an additional 75,000,000 bushels before July 1 could he take the responsibility of assuring his people that they would be fed.

The response of the American people was 85,000,000 bushels safely delivered overseas between January 1 and July 1. Out of a harvest which gave us only 20,000,000 bushels surplus we actually shipped 141,000,000 bushels.

Thus did America fulfill her pledge that the Allied bread ration could be maintained, and already the American people are demonstrating that, with an awakened war conscience, last year's figures will be bettered.

Our exports since the country entered the war have justified a statement made by the Food Administration shortly after its conception, outlining the principles and policies that would govern the solution of this country's food problems.

"The whole foundation of democracy," declared the Food Administration, "lies in the individual initiative of its people and their willingness to serve the interests of the nation with complete self-effacement in the time of emergency. Democracy can yield to discipline, and we can solve this food problem for our own people and for the Allies in this way. To have done so will have been a greater service than our immediate objective, for we have demonstrated the righteousness of our faith and our ability to defend ourselves without being Prussianized."

Sending to Europe 141,000,000 bushels of wheat from a surplus of apparently nothing was the outstanding exploit of the American food army in the critical year of the war.

GREATEST OPPORTUNITY WOMEN EVER HAD.

It was given to the women of this country to perform the greatest service in the winning of the war vouchsafed to any women in the history of the wars of the world—to feed the warriors and the war sufferers. By the arts of peace, the practice of simple, homely virtues the womanhood of a whole nation served humanity in its profoundest struggle for peace and freedom.

FIRST CALL TO FOOD ARMY.

This co-operation and service I ask of all in full confidence that America will render more for flag and freedom than king, ridden people surrender at compulsion.—Herbert Hoover, August 10, 1917.

A year ago voluntary food control was a daring adventure in democracy; during the year an established proof of democratic efficiency.

Classified advertising pays. Ask us.

ADVICE TO "FLU" CONVALESCENTS

SPAIN AND ENGLAND REPORT INCREASE IN TUBERCULOSIS AFTER INFLUENZA EPIDEMIC.

U. S. Public Health Service Warns Public Against Tuberculosis. One Million Cases Tuberculosis in United States—Each a Source of Danger.

Influenza Convalescents Should Have Lungs Examined—Colds Which Hang On Often Beginning of Tuberculosis. No Cause for Alarm if Tuberculosis is Recognized Early—Patent Medicines Not to Be Trusted.

★ Beware tuberculosis after influenza. No need to worry if you take precautions in time.
★ Don't diagnose your own condition. Have your doctor examine your lungs several times at monthly intervals. Build up your strength with right living, good food and plenty of fresh air.
★ Don't waste money on patent medicines advertised to cure tuberculosis.
★ Become a fresh-air crank and enjoy life.

Washington, D. C. (Special).—According to a report made to the United States Public Health Service, the epidemic of influenza in Spain has already caused an increase in the prevalence and deaths from pulmonary tuberculosis. A similar association between influenza and tuberculosis was recently made by Sir Arthur Newsholme, the chief medical officer of the English public health service, in his analysis of the tuberculosis death rate in England.

In order that the people of the United States may profit by the experience of other countries Surgeon General Rupert Blue of the United States Public Health Service has just issued a warning emphasizing the need of special precautions at the present time. "Experience seems to indicate," says the Surgeon General, "that persons whose resistance has been weakened by an attack of influenza are peculiarly susceptible to tuberculosis. With millions of its people recently affected with influenza this country now offers conditions favoring the spread of tuberculosis."

One Million Consumptives in the United States.

"Then you consider this a serious menace?" was asked. "In my opinion it is, though I hasten to add it is distinctly one against which the people can guard. So far as one can estimate there are at present about one million cases of tuberculosis in the United States. There is unfortunately no complete census available to show exactly the number of tuberculous persons in each state despite the fact that most of the states have made the disease reportable. In New York city, where reporting has been in force for many years, over 35,000 cases of tuberculosis are registered with the Department of Health. Those familiar with the situation believe that the addition of unrecognized and unreported cases would make the number nearer 50,000. The very careful health survey conducted during the past two years in Framingham, Mass., revealed 200 cases of tuberculosis in a population of approximately 15,000. If these proportions hold true for the United States as a whole they would indicate that about one in every hundred persons is tuberculous. Each of these constitutes a source of danger to be guarded against."

What to Do.

In his statement to the public Surgeon General Blue points out how those who have had influenza should protect themselves against tuberculosis. "All who have recovered from influenza," says the Surgeon General, "should have their lungs carefully examined by a competent physician. In fact, it is desirable to have several examinations made a month apart. Such examinations cannot be made through the clothing nor can they be carried out in two or three minutes. If the lungs are found to be free from tuberculosis every effort should be made to keep them so. This can be done by right living, good food and plenty of fresh air."

Danger Signs.

The Surgeon General warned especially against certain danger signs, such as "decline" and "colds which hang on."

These, he explained, were often the beginning of tuberculosis. "If you do not get well promptly, if your cold seems to hang on or your health and strength decline, remember that these are often the early signs of tuberculosis. Place yourself at once under the care of a competent physician. Tuberculosis is curable in the early stages. Patent Medicines Dangerous in Tuberculosis."

"Above all do not trust in the misleading statements of unscrupulous patent medicine makers. There is no specific medicine for the cure of tuberculosis. The money spent on such medicines is thrown away; it should be spent instead for good food and decent living."

Classified advertising pays. Ask us.

SUGAR SHOWED OUR BACKBONE

American Willingness to Give Up Luxury Demonstrated Nation's War Conscience.

STAND WITH THE ALLIES.

By Reducing Consumption People of the United States Averted a Famine at Home in Spite of Low Supplies.

The fact that the people of the United States were able to reduce by more than one-half million tons their July, August, September and October consumption of sugar proves conclusively that their war conscience was thoroughly awakened and that the country as a whole stood ready to follow the injunctions of the Government. Our normal consumption of sugar in the four-month period beginning with July has been 400,000 tons per month, a total of 1,600,000 for the quarter year.

In July, when our sugar stringency began to reach its height, consumption was reduced to 200,000 tons. In August only 325,000 tons went into distribution and in September only 279,000 tons. In October the distribution fell to 280,000 tons.

If the general public had failed to observe the injunctions of the Food Administration this country would have been in the throes of a sugar famine before the end of August. Our visible supplies were so low as to bring great anxiety to those familiar with the sugar situation. They feared that it would be absolutely impossible to reduce consumption to a point where sugar would no longer be a mere luxury in the American diet.

Few accomplishments of the Food Administration will stand forth so predominantly as this reduced consumption of sugar. By it we have been able to bridge over the period of stringency until the new beet and Louisiana cane sugar crops were in sight.

Now the nation is in a position so that if we choose we may return to our normal home use of sugar, and Europe, with the release of ships to go far afield, can maintain its recent restricted rations. If, however, those nations are to increase their use of sugar very considerably it must be by our continued sharing with them through limiting our own consumption.

Every War Savings Stamp in your possession is a picture of your share in the work of winning the war. Why not get up a regular picture gallery?

WHERE SHALL I SHIP MY FURS?

The Important Problem Every Fur Shipper Must Solve to be Successful

You are receiving price lists and other literature from many different Fur Houses—all claiming to pay the highest prices, etc., etc. This makes it difficult for you to choose your Fur House and a wrong guess may mean dollars out of your pocket. You must exercise great care and caution in choosing the Fur House to whom you are going to entrust your catch of Fur-bearers. You can solve this important problem by making "Shubert" a trial shipment.

For more than thirty-five years "Shubert" has been paying Fur shippers "more money" for their Furs—always giving an honest and liberal assortment, paying the highest market prices—sending returns out promptly, in other words, rendering "better service"—"quicker," where you take no risk. "The Shubert Guarantee" protects you absolutely. A trial will convince you. Get a shipment off—TODAY.

Write for "The Shubert Shipper," a complete Fur Market Report and Price List issued at every change in the Fur Market. It's FREE—Write for it—NOW.

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The Largest House in the World
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Small jobs or large ones receive the same prompt and careful attention.

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Phone Blue 175

Kingman, Arizona

"The Highway Garage"

(Located where you can't miss us—we see you come and go)
As you come to town stop and see us—we can give you some pointers—

As you leave town stop and see that you have not forgotten to get your oil, gasoline, a spare tire or some one of the million and one accessories that we carry to relieve the weary motorist.

BEECHER GARAGE

Phone Green 19—Free air and water—Kingman, Arizona

THE NEW HOTEL BEALE

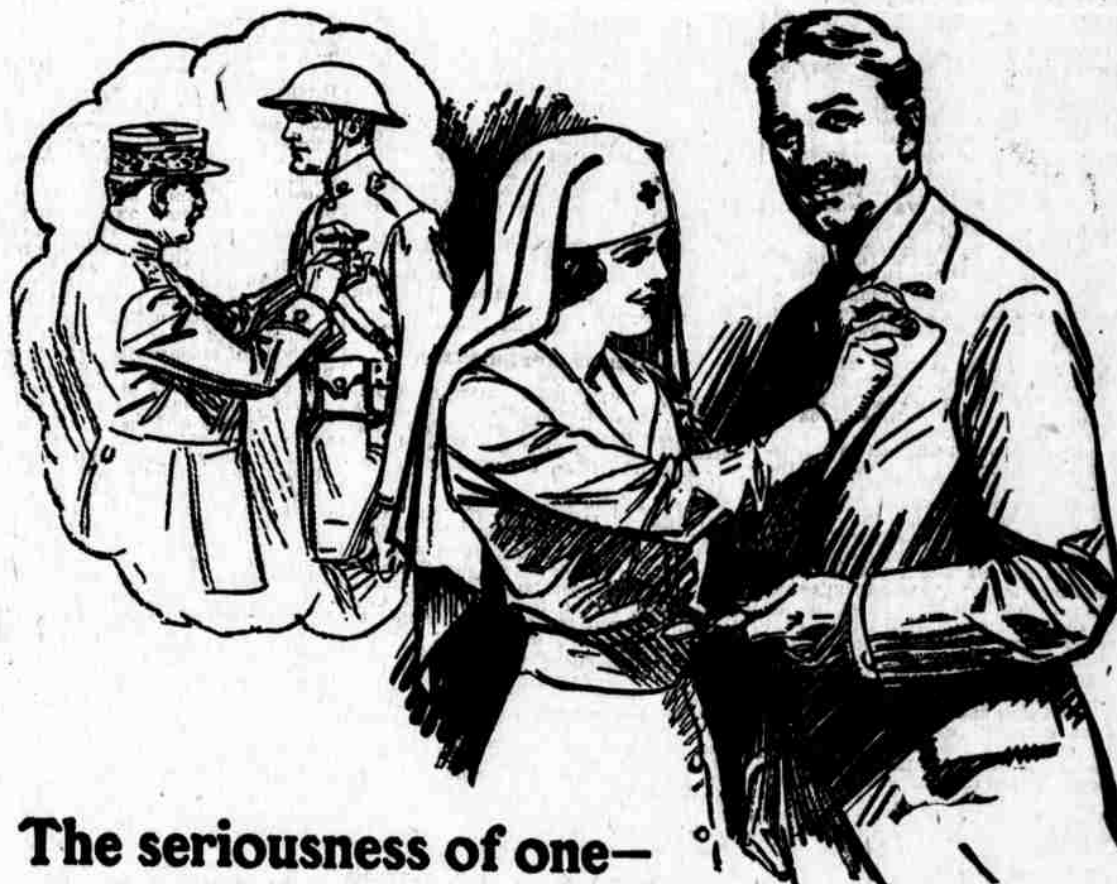
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New and modern in every respect. Fireproof building. Rooms single or en suite, with or without bath. Hot and cold water in every room. Steam heat. Large sample rooms.

Rates \$1.00 and Up

THOMAS DEVINE -:- -:- -:- -:- Proprietor



The seriousness of one—the happiness in the obligation of the other

But both are badges of honor—one standing for exceptional valor on the battlefield—the other, for membership in the greatest of all humanitarian organizations, your American Red Cross.

The work of the soldier is practically finished.

The work of the Red Cross has really just begun.

Your membership and the moral support such membership gives are essential in carrying on Red Cross activities.

Let us all realize that in our happiness of another Christmas of Peace and Plenty—let us not forget the sufferings and privations of our war-torn friends across the sea—let us make our Christmas festival a Red Cross Christmas with full membership in every American home.

Join the Red Cross
—all you need is a heart and a dollar

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